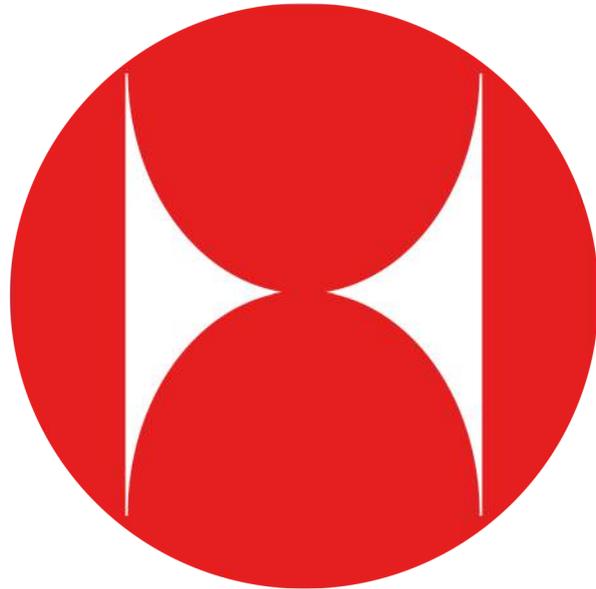


# **UK Shaolin Temple**



## **Rules for Traditional Routine Competition 2015**

## **Judging Principles.**

### **Entries.**

In the pursuit of fairness, competitors will be judged equally on the quality of their performance on the day. They will not be discriminated against because of the style that they are practising i.e. any style should be able to win.

Entries will be accepted from members of all groups who have returned the 'traditional' registration form and subsequently been notified of their acceptance. Entry by others will be entirely at the discretion of the chief referee.

All routines entered will be judged equally according to the criteria listed below, irrespective of how old the routine is. (This marks a change in criteria for acceptance, the 'pre 1950' rule has now been waved by the 2008 judges meeting). Routines which are very obviously a long way from being traditional, eg modern wushu competition routines, will still not be accepted.

Routines entered into the wrong category will not be marked.

Dishonesty when submitting details will result in a group being struck off this list and not being accepted for future competitions.

### **Formation of judging panel:**

- If possible, all judges will be from different clubs.
- There will be five judges (if available), the highest and lowest scores will be discounted, the remaining scores will be averaged to find a final score.
- The head judge will supervise the judges and apply deductions but will not score.
- Judges displaying bias or gross incompetence will be replaced.

Judges will be appointed by the chief referee. The composition of a judging panel will not be changed until a category has finished.

### **Appeals / complaints:**

These will be dealt with according to the UKST appeals procedures as detailed in the competition pack.

### **Feedback for competitors:**

Due to time considerations, judges will not be obliged to give feedback but may do so if they wish.

### **Weapons:**

Weapon inspections will take place before weapon categories begin. Bladed weapons should be of sufficiently rigid construction that, when the weight of the weapon, unsupported, is placed on the blade it does not bend significantly (ie noticeably).

Competitors will have the option of replacing their weapon and thus still being able to compete with no penalty.

Weapons deemed too dangerous will not be allowed.

An appropriate weapon should be used – eg performing a knife routine with a sword will not be acceptable.

**Competition categories:**

Beginner under 2 years training, intermediate under 5 years training, advanced over 5 years. This refers to how long someone has been with the style / association, not how long they have known a particular routine.

Unfortunately, a category with less than 3 competitors will have to be combined with another.

**Time limits:**

Maximum time allowed – 8 minutes.

If a routine is likely to exceed 5 minutes, please inform judges before commencing.

**Jewellery:**

In the event that the judges consider that a competitor's jewellery poses a health and safety risk, they will require that it be removed.

An inappropriate amount of jewellery will result in loss of marks.

**Dress Code:**

Competitors should wear either their club uniform, which should conform to a broadly 'Chinese Martial Arts' style, or one of the commercially available Chinese martial arts uniforms. Appropriate shoes should be worn. Failure to adhere to these guidelines will be dealt with under criterion 10 'etiquette and dress'.

**Traditional Routines: Scoring Criteria.**

1 Stability.

Strength of root, balance, sure footedness.

2 Flow.

Smooth, seamless movement. Retention of energy from one technique to another.

3 Quality of geng.

Generation of geng from the core ( tan tien ). Smooth transmission through whole body.

4 Application of geng.

Concentration of geng at point of application. Degree of power generated (in relation to overall size).

5 Energy.

Quality and quantity of energy expressed through the performance of the routine.

Retention of energy (stamina).

6 Rhythm, pace, speed.

Rhythmic movement, appropriate pace, not rushing, quickness of technique where appropriate, relaxation where appropriate.

7 Spirit / intention.

Routine performed in a spirited, martial fashion. Strong intention, reflected in eyes and movement.

8 Co-ordination.

Techniques performed in a neat, co-ordinated fashion. Hand held correctly (fist etc.) Left / right symmetry where appropriate. Eyes co-ordinated with technique.

9 Quality / understanding of technique.

Techniques performed in such a way as to reflect martial application.  
10 Etiquette / dress.  
Correct etiquette when entering / leaving competition area. Respectful attitude.  
Appropriate dress / appearance.

**Scoring Range:**

Scores will be awarded from 0-10 in increments of 0.25.

**Head Judge's Deductions.**

These deductions will be applied to a competitor's aggregated score. Scoring judges should not deduct for these criteria.

Competitor re-starts routine: -1 point.

Movements affected by decoration or costume:

- 1) Hand or apparatus entangled by broadsword fringe or sword tassel which affects movements and then resume again.
  - 2) Fringes or tassels fall apart onto the floor.
  - 3) Costume unbuttoned or totally unbuttoned
  - 4) Costume torn
  - 5) Decoration or costume falls apart onto the floor
  - 6) Shoe comes off foot
- 0.5 points.

Apparatus entangling body, touching body, deformed, broken or falling down:  
contestant loses grip of apparatus:

- 1) Body entangled by flexible apparatus which affects movements only shortly and then resume again.
  - 2) Apparatus touches the floor slightly.
  - 3) Contestant slightly loses grip of apparatus.
  - 4) Apparatus slightly touches body.
  - 5) Apparatus slightly deformed.
- 0.25 points.

- 1) Apparatus apparently deformed (about 30° bent)
  - 2) Longer time when body is entangled by flexible apparatus.
  - 3) Contestant severely loses grip of apparatus. Apparatus touches floor or body.
- 0.5 points

- 1) Apparatus broken.
  - 2) Apparatus falling down.
  - 3) Cup guard of Sword or Broadsword falling down.
- 0.75 points

Where more than one criteria could be applied, the head judge will only apply one deduction: the highest.

**Implementation Of These Rules.**

In the interest of fairness, these rules will be applied equally to all competitors.

**Behaviour Code.**

Competitors, coaches etc are expected to behave with a degree of respect appropriate to Chinese martial arts. Failure to do so may result in a penalty to competitors' scores or disqualification, decided at the discretion of the head judge or chief referee.